



KNOW YOUR CLUB WELFARE OFFICER

**Canoeing and Kayaking should be safe and fun
Everyone should be treated with respect and should give respect to others**

You should feel safe to enjoy your sport. If you are worried about how you or someone else is being treated at your club by another young person or adult, there is someone you or your parents/ carer can talk to:

**Your Club Welfare Officer - Tina Jones
Email –**



For immediate confidential advice
(24hr Helplines) contact:

NSPCC 0808 800 5000
www.nspcc.org.uk

Childline 0800 1111
www.childline.org.uk